

How can you benefit from a feng shui consultation before you redecorate, remodel or even have an extension done to your home?

(By Aroon Ajmera)

We are in a constantly changing environment affected by invisible energy forces prevalent in the places, in which we live or work. These forces affect our physical, emotional and spiritual health. Feng Shui enables us to create environments suitable for intended activity by identifying the inherent imbalances and adjusting them with various tools of wisdom from the reservoir of this holistic oriental science for the benefit and transformation of individuals and society in general to enhance the quality of our lives.

The direct translation of Feng Shui (pronounced Fung Schway) is 'Wind and Water', the two elements of nature that shape our very existence.

Feng Shui can be defined as the practice of analysing and influencing the interaction of people, buildings and the environment and to make the necessary corrections in order to be able to lead a happier and more successful life.

“We shape our buildings, thereafter they shape us”.....

Sir Winston Churchill

Originating in ancient China, its basis is the understanding of vital energy force called “Ch'i”. It has been used in the Orient for over 3000 years and has been parallel in many ways to Indian Vastu Shastra.

It is a body of knowledge, which links our inner self to our outer environment. It has been called acupuncture of space and has now been widely accepted by architects and interior designers in most countries.

A typical Feng Shui consultation includes a review of:

- Your “self-reflection” analysis
- Astrology and energy of time
- Dowsing to detect negative earth energy and electromagnetic fields
- Architectural style and design of the premises
- Divination
- Floor plan

These Components of Feng Shui consultation gives us the following:

Self Reflection analysis allows one to make an objective assessment of various areas of one's life like Wealth, Recognition, Relationships, Creativity, Helpful friends, Career, Knowledge, Ancestral relationships and the Health.

Our home or our premises reflects all these 9 areas of our lives. Renovation, remodelling and extension plans give us the opportunity to examine these in order to make positive improvement to our lives.

Astrology and energy of time gives the understanding of one's character based on the birth sign, the relationships with the family members or colleagues. It also identifies the auspicious time frames and directions in order to guide one to be in the right place at the right time, live in harmony and contribute towards designing the destiny.

Our success rate in life improves with a more harmonious and supportive environment. That way, we are able to fulfil our dreams with much less effort.

"Where you come from is not nearly as important as where you are going"-

Dowsing- gives the opportunity to examine (with a pendulum or L-rods) the existence of negative earth energy and electromagnetic fields in the environment, which are harmful for the health and well being. It can guide us to deflect these energies to keep the spaces peaceful and free from undesirable vibrations harmful to our health in the long run.

Architectural Style and Design review can identify a perfect combination of air, water, energy and materials conducive to the health and comfort of the occupants of the premises. The lighting, the use of elements such as wood, metal, earth and the supportive colours can create harmonious and balanced atmosphere. Most of all, if the house is of uneven shape, the missing areas in the structure of the house can create challenges in the life's affected areas from the 9 areas of life mentioned earlier under self-reflection analysis.

"A person's character is the product of his/her premises."

The roof is the sky...

The door is the mouth to the outer world...

The windows are the eyes of perception...

Divination means seeking guidance by consulting one's higher self. According to the Ancient Chinese Oracle 'I Ching' - (the book of changes), there are a maximum of 64 possible answers to any question. Using coins or Yarrow sticks, one can arrive at the most appropriate answer from the wisdom of this Oracle to dilute our anxiety for the future.

Anxiety causes stress and stress adversely affects our health, well being and happiness.

Floor Plan and Space clearing includes advice on clearing the negativity (both tangible and intangible) from the space before arranging the furniture in the most appropriate manner in order that the flow of energy can create the most supportive and harmonious environment. By correcting the negative spaces and enhancing the areas of missing energies, one can blend one's life force with the forces of the universe.

For Homes and Businesses, a supportive and harmonious environment can be created by using Feng Shui consultation for improved health, wealth and happiness.

For these reasons, A Feng Shui consultation, before redecoration, remodelling or creating an extension to your premises, can be the best move forward to make a big difference to your future journey through life.

“whilst sailing unto the unknown seas, we cannot alter the direction of the wind, but adjusting the sails leads us safely to our destination.”

Aroon Ajmera

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