

## **A Feng Shui Journey to Self-Transformation**

Born in India, and after graduating from New York University in 1961 with a master's degree in Business administration, I was happily settled in London, with a nice consultancy job for a financial group of companies for 23 years. My family life was fulfilled with excellent relationship with my wife, children and elders and exciting creative hobbies such as photography and music. Life's Journey was smooth but at times I felt that in a sense there was something lacking in it. I did not know what.

It all began in 1995, when my wife decided to call a Feng Shui consultant to our home for advice, when I hardly understood the meaning of self-transformation. I am glad I did not scoff as after we made few changes; I found that things changed remarkably for better. Followers of Feng Shui believe that invisible cosmic energy forces called 'Chi' influence our lives and by using Feng Shui principles in your environment you can not only lift the energy of your home to make it harmonious and supportive but also fulfil your goals and aspirations.

The literal meaning of Feng Shui is **wind water** or in terms your own personal energy it can be compared to your **blood and breath**. When the quality of these in your body is imbalanced, you feel unwell, you see your doctor. He would prescribe some medication, diet, exercise regime and sleep timetable to rebalance the energy and your vitality. A Feng Shui consultant does the same thing by prescribing plants, colours, mirrors, crystals, water fountains, pictures, sculptures, wind chimes and so on in order that the energy in your environment is rebalanced and that your home or your office becomes supportive. In order to do this effectively, he even looks at your date of birth to see your heaven's energy or the energy of your time through your life's journey so that you take advantage of your auspicious time frames to be in the right place at the right time. In this entire process, a Feng Shui consultant needs to ask you to do some **self-reflection analysis** so that he can see what you wish to achieve or upgrade in your life to be happier. Image precedes reality and our creativity is limited only by our imagination and hence **visualisation process** is also important.

**'The future belongs to those who believe in the beauty of their dreams'.**  
*-Eleanor Roosevelt*

Having understood this fascinating subject outline, in 1996, I enrolled for a correspondence course with my Guru, William Spear based in Connecticut, USA. His first question for me was to do the self-reflection analysis and rate all the 9 areas of my life, by giving points out of 10. They are wealth, fame, relationships, creativity, helpful friends, career, knowledge, relationship with elders and health. Bearing in mind, that there was something lacking in my life, I could now pinpoint three areas, which needed attention. **Fame, knowledge (specifically computer related) and helpful friends** and commenced my Feng Shui Journey to tackle these.

'In 1998, with the pressure of Feng Shui studies and full time financial consultancy work mounting, I decided to give up my lucrative financial consultancy work in order to whole heartedly pursue Feng Shui. Soon, I started getting invitations to giving talks and consultations and also teach the subject to women's clubs, as this was the time when there was a lot of media coverage on Feng Shui. I had not even done half the course and the doors started opening for me.

In 2000, Wimbledon Publishing Company approached me through my Website to see if I was interested in writing a crisp gift book on the subject for them. '**Feng Shui and your Home**', my first book sold extremely well both through shops and via Internet. I felt, I had cracked the issue of **Fame and Recognition** even before completing my course. I was proud to be recognised as an author.

My efforts for enhancing **computer knowledge** also paid off. With utmost determination, I bought a computer for home at the age of 58 and soon my Website won a best of websites award as my mind was always racing with technological developments. To enhance my creative expression, I pioneered the **first Feng Shui Photographic on line gallery of UK** in 2000 with the help and support from an upcoming photographic lab, **Photobox Limited**.

Whilst teaching and consulting as my sources of income, in 2002, I embarked on authoring and self-publishing my book titled '**Feng Shui and Your office**'. By now my confidence was at its highest level and believing in what my Guru once said '**You can only take your clients as far as you have gone**'- my skills for empowering my clients became very useful in helping them get what they wanted in life. Favourable feedbacks started pouring in and my consultation boundaries became global with UK, USA, India, Portugal, Ireland and Kenya becoming parts of my client portfolios.

During my life's Journey with this rate of success from 1995 to 2002, there was no need for me to even think if I had made **plenty of helpful friends**. It became a natural process as my clients and my students everywhere became part of my friends' circle, who were now only a keyboard distance away in this age of e-mail communications.

Having experienced these life-transforming results, I felt that Feng Shui is like a chocolate vending machine with nine types of chocolates. You can look at all of them and think about them but you cannot get any of them unless you take action, get the right change from your wallet, put it in the machine and press the right buttons. **Do some self-reflection and spend time, money and energy to get what you want in life with the help of Feng Shui.**

In my talks, I always mention that we look after our body by having a regular PPP check up; We look after our car by having a MOT test every year but we hardly ever think whether our environment (homes or offices) is harnessing positive energy and working for us. Transform your environment and your life with Feng Shui and fulfil your goals and aspirations.

**'Life is worth living if we can make it more beautiful than when we found it'.**  
*Frank Lloyd Wright.*

**We cannot direct the wind, but we do have the power to adjust the sails, to harness the positive forces to lead us safely to our destination.**

*Aroon Ajmera has, for several years, served on the executive committee of the Feng Shui Society of the UK and as the photo editor of its quarterly journal and a treasurer of its London region. He recently became a founder member of Barefoot feng shui to fulfil its mission to enhance feng shui awareness throughout the UK.*

*In addition to being instrumental in transforming his clients' lives and environments as a consultant around the world, he also teaches Feng Shui in London and in Mumbai, India. He is the author of **'Feng Shui and your Home'**, **'Feng Shui and Your office'** and **'Feng Shui Living'***

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