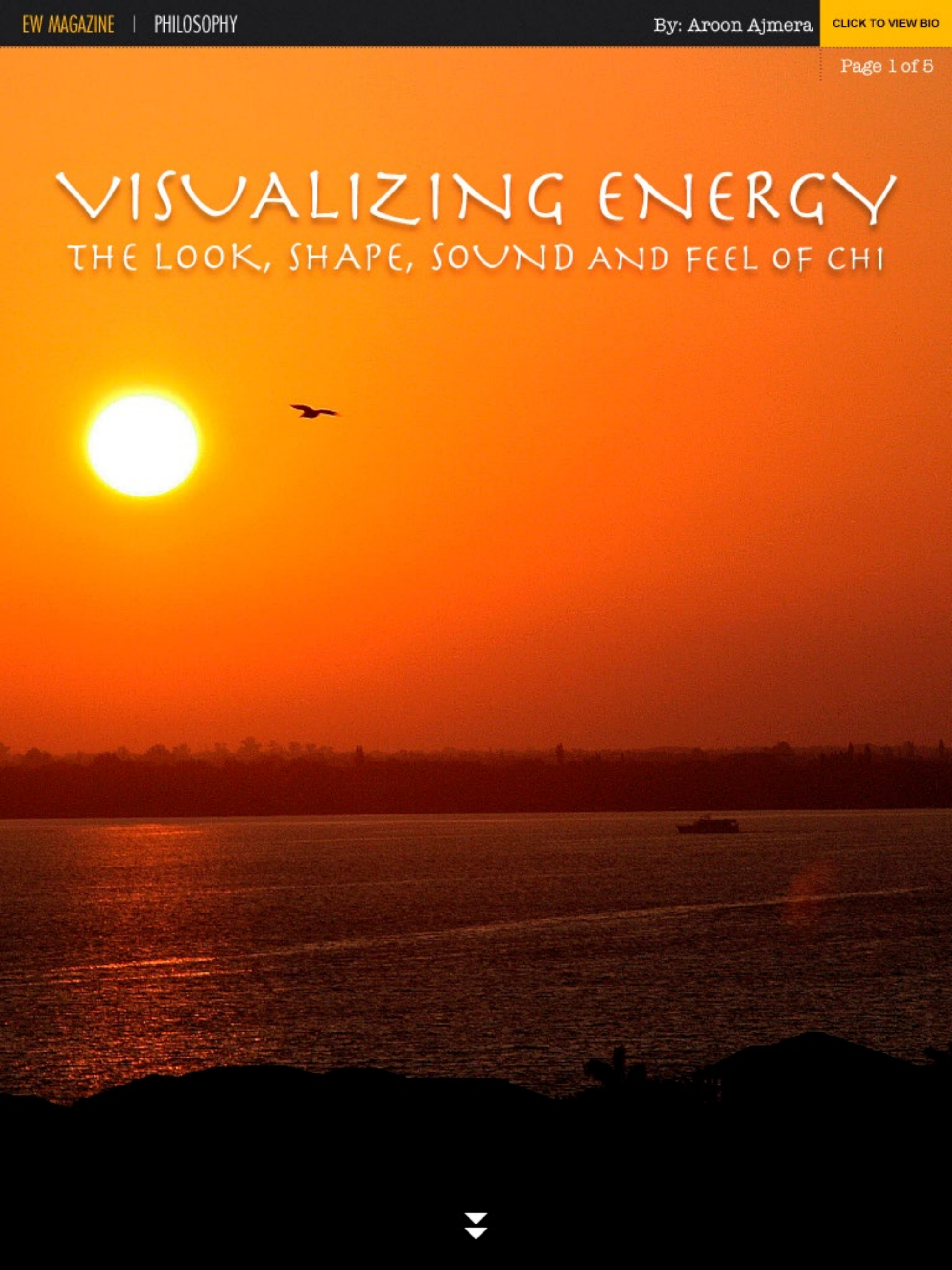


VISUALIZING ENERGY

THE LOOK, SHAPE, SOUND AND FEEL OF CHI



Feng Shui is a body of knowledge, which examines the interaction between humans, their inner selves and their outer environment. It maintains that you can achieve real happiness, harmony and balance in life by changing your inner landscape with the changes in the outer one. Visualising Energy or Symbolism is therefore very important in re-creating the chi in any space.

Our own chi is affected by our heaven's energy (astrology), earth energy (geopathic stress and predecessor energy) and the energy in our environment (the elements and their symbolism in our environments).

We are surrounded by symbols. Everything in our home says something about us as nothing comes into our home by accident. The objects surrounding us in our homes continually give messages to us at our subconscious level. This affects our thought process and ultimately our behaviour. It is therefore important to use symbolism in a positive and life enhancing way.

The five elements, namely Fire, Earth, Metal, Water and Wood are symbolised by shapes, colours and material. Every single object in our home, whether it is artwork, sculpture, piece of furniture, furnishing or decorative ornament can be categorised into a symbolic element to tell us if it is positively supportive to the occupant of the home.

Let us examine as to how the various objects affect our Ch'i?

MIRRORS: Enlarge the areas visually, deflect the negativity and create symbolic doubling effect

LIGHTS: Uplift the energy and fill the missing areas

FLOWERS: Create vibrant Ch'i flow for harmony and happiness

GREEN PLANTS: Represent life/growth, activate areas, and deflect bad Ch'i caused by sharp corners

WATER FOUNTAINS/PONDS: Enhance prosperity, as water represents wealth

PAINTINGS/IMAGES: Uplift inner Ch'i for health and happiness

SCULPTURES: Add stability to the space and symbolise protection

CRYSTALS: Spread the vibrant rainbow colours and energise the space

COLOURS: Energise the emotions- red for passion, pink for relationships and yellow for socialising. Green promotes judgement, Turquoise calms us and white signifies purity and spaciousness.



Chi perceives the state of energy, as do we

Artworks and images are not functional but their intention is to continually give messages. The messages can be good, bad, happy, sad, uplifting or depressing. Our home is a private world shielded from our environment – 'Nature'. By bringing nature into our home, we come closer to the universe. Seeing a beautiful landscape lifts our Chi. Images affect our behaviour and create our reality in the same way as the interiors affect us through colours, shapes and materials.

Based upon your self-reflection analysis, an energy expert or a Feng Shui consultant can advise you to remove inappropriate objects/symbolism from your environment and add positive ones to help you achieve your goals in life. The following Bagua chart indicates the type of suitable artwork for activating the Ch'i in the various areas of your life.

AREA	ELEMENT	SUITABLE SYMBOLIC IMAGE
1 - Career/Journey	Water	Flowing River, Boats, Water fountain
2 - Love /Relationship	Earth	Two Ducks, 2 birds, couple embracing
3 - Health /Elders	Wood	Parents, Tall trees, Sunrise
4 - Wealth	Wood	Green Trees, Flowing water
5 - Well Being	Earth	Positive healthy landscapes
6 - Helpful friends	Metal	Friends, Mentors, favourite God
7 - Creativity	Metal	Children playing, anything creative
8 - Wisdom	Earth	Mountain, Books, image exploring self
9 - Fame	Fire	Red flowers, Birds, Sun flower, Sunrise

WE LIVE IN A VIBRATIONAL WORLD. JUST LIKE A LAMP LIGHTS UP WHEN THE CONNECTION IS MADE TO THE WALL SOCKET- OUR DESTINY IS INFLUENCED BY EVERYTHING WE CONNECT TO AROUND US.





Visualizing Energy - The look, shape, sound and feel of chi

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